

swanson.com
or call 1-800-437-4148

- B vitamin that promotes cardiovascular health by helping to neutralize homocysteine
- Supports prenatal and postnatal health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Folic Acid

Cardiovascular and
Prenatal Health

800 mcg

VITAMIN SUPPLEMENT | 250 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Folate	1,335 mcg DFE (800 mcg folic acid)	333%

Other ingredients: Rice flour, gelatin, calcium palmitate.

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