Mag L-Threonate features magnesium L-threonate as Magtein®,†† designed to help support cognitive health. Magnesium, a divalent cation, is important for neuronal activity as it binds to neurotransmitter receptors and is a co-factor for neuronal enzymes.*

Directions: Take three capsules in divided doses daily: one capsule in the morning and two capsules two hours before sleep as a dietary supplement, or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Do not use if pregnant or nursing. Consult your healthcare practitioner if taking diuretics, antibiotics, or medications for osteoporosis. Keep out of the reach of children.

Certified

Storage: Keep tightly closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Mag L-Threonate

Designed to Help Support Cognitive Health*



DIETARY SUPPLEMENT

GF

120 CAPSULES

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 2 Capsules[†] Servings Per Container 60

Ů	Per Servi	ng (2 Capsules) % Daily value		(3 Capsules) % Daily value
Magnesium (as magnesium L-threonate)	98 mg	25%	147 mg	37%
Magnesium L-Threonate	1.3 g	*	2 g	*
*Daily Value not establi	shed.			

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, stearic acid (vegetable), and silica.

MANUFACTURED BY: METAGENICS GIG HARBOR, WA 98332 • 800 692 9400 METAGENICS.COM

†Vegetarian capsule

^{††}Magtein® is a trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc. Magtein® is protected under US patents 8,178,118; 8,142,803; 8,163,301; and other pending patents