For over 40 years. Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. We quarantee it.

TO REORDER PROD. #17302 www.vitaminworld.com 1-800-228-4533



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Performance Formula Targeted for Active Men

COATED

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets Servings Per Container 45

Amount Per Serving	%Da	ily	Value
Vitamin A (as Beta-Carotene)	5,000	IU	100%
Vitamin C (as Ascorbic Acid)	300	mg	500%
Vitamin D (as D3 Cholecalciferol)	2,000	IU	500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30	IU	100%
Vitamin K (as Phytonadione)	80	mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	60	mg	4,000%
Riboflavin (Vitamin B-2)	60	mg	3,529%
Niacin (as Niacinamide)	60	mg	300%
Vitamin B-6 (as Pyridoxine Hydrochloride)	60	mg	3,000%
Folic Acid	400	mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100	mcg	1,667%
Biotin	500	mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	60	mg	600%
Calcium	300	mg	30%
(as Calcium Carbonate, Dicalcium Phosphate, o	d-Calciun	n	
Pantothenate and Calcium Citrate)			
Iodine (as Potassium Iodide)	150	mcg	100%
Magnesium (as Magnesium Oxide)	100	mg	25%
Zinc (as Zinc Oxide)	25	mg	167%

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Vitamin B-12 (as Cyanocobalamin)	100	mcg	1,667%
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Calcium	300	mg	30%
(as Calcium Carbonate, Dicalcium Phosphate, d-	-Calciun	n	
Pantothenate and Calcium Citrate)			
Iodine (as Potassium Iodide)	150	mcg	100%
Magnesium (as Magnesium Oxide)	100	mg	25%
Zinc (as Zinc Oxide)	25	mg	167%
Selenium (as Sodium Selenate)	200	mcg	286%
Copper (as Cupric Oxide)	2	mg	100%
Manganese (as Manganese Gluconate)	2	mg	100%
Chromium (as Chromium Picolinate)	200	mcg	167%
Molybdenum (as Sodium Molybdate)	75	mcg	100%
Potassium (as Potassium Chloride)	100	mg	3%
Choline Bitartrate	10	mg	*
Inositol	10	mg	*
Boron (as Sodium Tetraborate)		mg	*
Vanadium (as Sodium Metavanadate)		mcg	*
Silica	4		*
		y	

Amount Per Serving	%Daily Value	▔
UMS Special Sport Blend	150 mg '	*
L-Glutamine, L-Cysteine, Beta-Alanine, Taurine,	N-Acetyl-L-Carnitine,	
L-Arginine, L-Carnitine		
UMS BCAA Blend	200 mg *	*
L-Valine, L-Leucine, L-Isoleucine		
UMS Creatine Amplifier Blend	200 mg '	*
Glycocyamine, Glycine Powder, L-Methionine		
UMS Ginkgo Blend	ou mg	*
Ginkgo Biloba (Ginkgo biloba) (leaf), Cayenne P		
(Capsicum annuum) (fruit), Green Tea (Camelli	a sinensis) (leaf),	

Citrus Bioflavonoid Complex (Citrus spp.) (fruit), Grapeseed Extract (Vitis vinifera), Bilberry Extract (Vaccinium myrtillus) (fruit), Alpha Lipoic Acid Super Oxide Dismutase, Coenzyme Q-10, Zeaxanthin, Lutein, Astaxanthin Complex LIMS Bioactive Blend 50 ma Flax (Linum usitatissimum) (seed), Saw Palmetto Extract

(Serenoa repens) (fruit), Oyster Extract, Pumpkin Seed (Cucurbita pepo) Maca Extract (Lepidium mevenii) (root) (0.6% Macamides and Macaenes), Lycopene

*Daily Value not established

Spirulina, Phosphatidylserine

UMS Antioxidant Blend

Other Ingredients: Vegetable Cellulose. Contains <2% of: Calcium Silicate, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk and soy ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.