



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Natural Vitamin E

Vitamin Supplement

250 softgels • 400 IU (268.5 mg)



- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take one soft-gel per day with water.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E	268.5 mg	1,790%
(as d-alpha tocopheryl acetate)		

Other ingredients: Soybean oil, gelatin, glycerin, purified water.
Contains soy.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE **1-800-437-4148**
or visit our website at www.swansonvitamins.com



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