

swanson.com
or call 1-800-437-4148

- Comprehensive approach to prostate health
- Promotes healthy urinary tract flow and frequency
- Supports respiratory health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule one to two times per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Stinging Nettle Root

Prostate and Urinary Tract Health

500 mg

HERBAL SUPPLEMENT | 100 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Stinging Nettle	500 mg*
(Urtica dioica) (root)	

*Daily Value not established.

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica.

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