

Wellness Essentials

Men's Vitality

Targeted Support for Men's Health*

Support vitality, libido, and overall wellness daily. Wellness Essentials Men's Vitality is formulated to target your unique nutritional needs to support men's health and maintain overall wellness.*

Each once-daily packet provides:

Multifaceted health support: PhytoMulti® is the "smart multi" with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help support cellular health and activate health potential.*

Libido and healthy sexual function support: HisSynergy™ provides premium nutritional support for healthy male sexual function, libido, and vitality.*

Testosterone and prostate health support: Testralin® provides key ingredients that may help promote healthy testosterone balance.*

Cellular, immune and reproductive health support: Zinc A.G.™ is designed to be highly absorbable as a true amino chelate to help support cellular, immune and male reproductive health.*

Heart health, mood, and overall health support:* OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



The Wellness Essentials Difference		
Overall Wellness Support*	Targeted Health Support*	Convenient and Easy

The Metagenics Difference

Metagenics is a professional nutraceutical company that formulates, manufactures, and continually evaluates nutritional products in clinical practice. Each Wellness Essentials formula represents years of collective research to deliver optimized foundation nutrition and targeted health support.*

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 1 Testralin tablet (green), 1 Zinc A.G. tablet (cream), and 1 HisSynergy tablet (brown).

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: If taking medication or other nutritional supplements, consult your healthcare practitioner. Keep out of the reach of children. Contains fish oil. Do not use if allergic to fish or fish oil.

Storage: Keep in a cool, dry place.

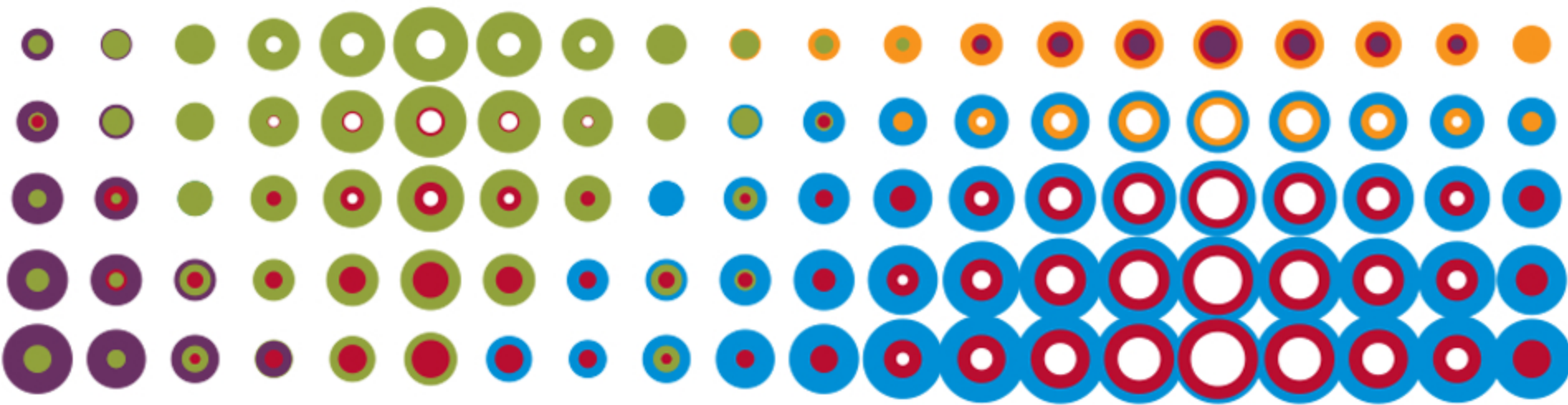
Products included are gluten-free.

Wellness Essentials Men's Vitality provides Advanced Nutritional Support for:*	
Vitality	Positive mood
Heart health	Brain & nervous system health
Libido	Eye health
Healthy sexual function	Liver health
Prostate health	Cellular health
Immune system health	Overall health



Wellness Essentials®

Men's Vitality



DIETARY SUPPLEMENT

30 PACKETS

PRACTITIONER EXCLUSIVE

Supplement Facts

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	5,000 IU	100%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg	100%
Vitamin D (as cholecalciferol)	87.5 IU	219%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Vitamin K (as phytonadione)	60 mcg	75%
Thiamin (as thiamin mononitrate)	12.5 mg	833%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide and niacin)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	37.5 mg	1,875%
Folate (as calcium L-5-methyltetrahydrofolate)	600 mcg	150%
Vitamin B12 (as methylcobalamin)	115 mcg	1,917%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg	375%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium citrate)	20 mg	5%
Zinc (as zinc arginate, zinc glycinate, and zinc citrate)	30 mg	200%
Selenium (as selenium aspartate and selenomethionine)	150 mcg	214%
Copper (as copper citrate)	0.5 mg	25%
Manganese (as manganese citrate)	0.25 mg	13%
Chromium (as chromium polynicotinate)	100 mcg	83%
Molybdenum (as molybdenum aspartate complex)	25 mcg	33%
PhytoMulti		
Tribulus (Tribulus terrestris) Fruit 10:1 Extract (containing saponins)	250 mg	**
Ashwagandha (Withania somnifera) Root 15:1 Extract (containing withanolides)	800 mg	**
Cowage (Mucuna pruriens) Seed Extract [standardized to 20% (10 mg) levodopa]	50 mg	**
Choline (as choline bitartrate)	12.5 mg	**
Inositol	1.8 mg	**
Lycopene	8 mg	**
Zeaxanthin	1 mg	**
Lutein	3 mg	**
Resveratrol (from Polygonum cuspidatum root extract)	5 mg	**
Proprietary Phytonutrient Blend of:	200 mg	**
Citrus bioflavonoid complex (standardized to 45% hesperidin), green coffee bean extract (standardized to 45% chlorogenic acid), pomegranate whole fruit extract (standardized to 21.6 mg gallic acid equivalent [GAE]), grape seed extract, blueberry (Vaccinium spp.) fruit extract (standardized to 20% total polyphenols and 15% anthocyanins), green tea leaf extract (standardized to 60% catechins and 40% EGCG), bitter melon fruit extract, prune skin extract (standardized to 50% polyphenols), watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract (standardized to 6% catechins), rosemary extract (standardized to 7.6% min sum of carnosol+carosolic acid), artichoke leaf extract (containing cynarin and chlorogenic acid)		
Marine Lipid Concentrate	2 g	**
EPA (Eicosapentaenoic acid)	800 mg	**
DHA (Docosahexaenoic acid)	400 mg	**
Soybean Concentrate††	62.5 mg	**
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	25 mg	**
Phytosterols (containing beta-sitosterol, stigmasterol, campesterol, and other plant sterols)	50 mg	**
Lignans [as secoisolariciresinol diglucosides (SDG)] (from 125 mg flaxseed extract (Linum usitatissimum))	25 mg	**
Decaffeinated††† Green Tea (Camellia sinensis) Leaf Extract (standardized to 60% catechins and 40% (67 mg) epigallocatechin gallate (EGCG))	167 mg	**
Oleonic Acid (from olive (Olea europaea) leaf extract)	5 mg	**
Turmeric (Curcuma longa) Rhizome Extract (standardized to 95% (75 mg) curcuminoids)	70 mg	**
Betaine (as betaine HCl)	37.5 mg	**
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		
PhytoMulti:		
Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin [color]).		
OmegaGenics EPA-DHA 500:		
Ingredients: Marine lipid concentrate (fish (anchovy, sardine, and mackerel) oil), softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). Contains: Fish (anchovy, sardine, and mackerel).		
Testralin:		
Ingredients: Microcrystalline cellulose, decaffeinated††† green tea leaf extract, flax seed extract, turmeric rhizome extract, soy isoflavones (soy), phytosterols (soy), croscarmellose sodium, lycopene, betaine HCl, pyridoxine HCl, calcium silicate, selenomethionine, stearic acid (vegetable), zinc citrate, oleonic acid, cholecalciferol, silica, calcium L-5-methyltetrahydrofolate, methylcobalamin, and coating (hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin [color]). Contains: Soy.		
HisSynergy:		
Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).		
Zinc A. G.:		
Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and magnesium stearate (vegetable).		
DISTRIBUTED BY: METAGENICS, GIG HARBOR, WA 98332		
800 692 9400 • METAGENICS.COM		
†The Metafolin® Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.		
††Derived from non-genetically engineered, identity-preserved soybeans.		
†††Contains no more than 4% caffeine.		
Product: WELM Label: LWE0410v.0.4.4.5.5		