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**MOUNTAIN
MEADOW
HERBS®**

HERBAL IRON

Regulates
Iron Metabolism

EVERYDAY HEALTH

4 fl. oz.
(120 mL)

HERBAL DIETARY
SUPPLEMENT

96
SERVINGS

GF

SUGAR
FREE

VEGAN

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: 0-2 years: 5-10 drops.
3-11 years: 1/8 tsp. 12 years & older: 1/4 tsp.
Take in water 1-3 times daily or as needed.

Caution: If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.

Manufactured and Distributed by:
Mountain Meadow Herbs, Inc.
1019 Hard Rock Rd, Somers, MT 59932
888.528.8615 | www.mmherbs.com



**Boost your iron absorption for
superior health***

- Feel more energetic*
- Easy on the stomach*
- Gentle herbs high in iron and safe for the whole family*



1 dropperful = approx. 1/8 tsp.

Supplement Facts

Serving Size: 1/4 tsp

Servings Per Container: 96

Per Serving	%DV
Proprietary Blend	1.25 mL
Stinging Nettle leaf	†
Dandelion root	†
Yellow Dock root	†
† Daily Value (DV) not established	

Other Ingredients: vegetable glycerin, distilled water, and approx. 5% - 10% organic grain alcohol.