



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Hops

Herbal Supplement

180 capsules • 310 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules two to three times per day, or as needed, with water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 90

Amount Per Serving	
Hops Flower (Humulus lupulus)	620 mg*
*Daily Value not established.	

Other ingredients: Gelatin, rice bran, silica, rice extract blend.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
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