

swanson.com
or call 1-800-437-4148

- Supports bone health, immune wellness and more*
- Promotes calcium absorption in the body*

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule per day with food and water.

WARNING: For adults only. Consult physician if you are pregnant or nursing, taking medication, or if you have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



D3

VITAMIN D3
Bone and Immune Health*

2,000 IU HIGHER POTENCY

VITAMIN SUPPLEMENT | 250 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin D-3	50 mcg	250%
(as cholecalciferol)		

Other ingredients: Rice flour, gelatin, modified food starch, sucrose, sodium ascorbate, medium-chain triglycerides, silica, dl-alpha tocopherol.

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