

swanson.com

or call 1-800-437-4148

- Supports stomach health and comfort
- Antioxidant support to neutralize free radicals

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule one to two times per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON[®]

Ginger & Turmeric

Digestive Health

FULL SPECTRUM

HERBAL SUPPLEMENT | **60 CAPSULES**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Ginger (Zingiber officinale) (rhizome)	300 mg*
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Turmeric (Curcuma longa) (rhizome)	300 mg*
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*Daily Value not established.

Other ingredients: Rice flour, gelatin, calcium laurate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
 Fargo, ND 58104 USA • 1-800-437-4148

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