

swanson.com
or call 1-800-437-4148

- Provides key nutrients for skin, hair and nails
- Thickens and strengthens hair and nails
- Supports bone health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule per day with food and water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Horsetail

Hair, Skin and Nails Support

500 mg

HERBAL SUPPLEMENT | 90 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Horsetail Herb	500 mg*
(Equisetum arvense)	
(aerial parts)	

*Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate.

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