FOR OCCASIONAL CONSTIPATION*

Aloe Vera is traditionally found in warm, tropical locations, like the Caribbean and South Africa and has been used in wellness practices for occasional constipation.*

♠ LG900.C01

BLK8176C



DIETARY SUPPLEMENT

Recommendation: Adults and children age 12 years and over take 1 capsule with a full glass of water (8 ounces) at bedtime. Not recommended for children under 12 years of age. Do not take more than 1 capsule in a 24-hour period. Not for long term use; do not take for more than 7 days, as frequent or prolonged use may result in dependence.

Warning: Do not use when nausea or vomiting area present unless directed by a healthcare professional. Do not use if you have a history of, or currently have, intestinal disease. Consult a healthcare professional if you have noticed a sudden change in bowel habil if you have noticed a sudden change in bowel habil that persist over two weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a

healthcare professional. Supplement Facts

Serving Size 1 Capsule

% **DV** 340 ma**

Amount per Serving

Aloelax® Blend: Fennel (Foeniculum vulgare) (seed), Aloe ferox (latex)

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica

NOTICE: This product contains Aloe. Read and follow directions carefully. Do not use if you have or develop diarrhea. loose stools, or abdominal pain, because Aloe may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medications or have a medical condition.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat,

Questions? 1-800-9NATURE / naturesway.com

corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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