

**swanson.com**  
or call 1-800-437-4148

- Supports joint health, movement and physical function
- Offers antioxidant support to neutralize free radicals
- Black pepper provides increased bioavailability

**Science-Backed Quality Since 1969**

**Suggested use:** As a dietary supplement, take one veggie capsule one to two times per day with water.

**Certified Organic by Minnesota Crop Improvement Association (MCIA), St. Paul, MN 55108.**

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Turmeric & Black Pepper

**Cardiovascular and Joint Health**

**FULL SPECTRUM HERBAL FORMULA**

**HERBAL SUPPLEMENT | 60 VEGGIE CAPSULES**

## Supplement Facts

Serving Size 1 Veggie Capsule

| Amount Per Serving                                       | % Daily Value |
|----------------------------------------------------------|---------------|
| Certified Organic Turmeric<br>(Curcuma longa) (rhizome)  | 600 mg*       |
| Certified Organic Black Pepper<br>(Piper nigrum) (fruit) | 5 mg*         |

\*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), organic rice concentrate, organic rice extract.

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