

swanson.com
or call 1-800-437-4148

- Supports cardiovascular health and blood sugar metabolism
- Supports cognitive function and healthy brain development
- Maintains immune health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel one to three times per day with food and water. Women who are pregnant or likely to become pregnant should not exceed recommended dose.

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Solvent free.

WARNING: For adults only. Consult physician if you are pregnant or nursing, taking medication, or if you have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Cod Liver Oil

Heart and Brain Health

700 mg DOUBLE STRENGTH

VITAMIN SUPPLEMENT | 250 SOFTGELS

Supplement Facts

Serving Size 1 Softgel		
Amount Per Serving		% Daily Value
Calories 5		
Total Fat	0.5 g	<1%†
Vitamin A (from ecoMarine® Norwegian cod liver oil)	750 mcg RAE	83%
Vitamin D (from ecoMarine® Norwegian cod liver oil)	6.8 mcg	34%
ecoMarine® Norwegian Cod Liver Oil 700 mg *		
Total Omega-3 Fatty Acids	140 mg	*
EPA (eicosapentaenoic acid) as triglyceride (TG)	45 mg	*
DHA (docosahexaenoic acid) as triglyceride (TG)	65 mg	*
Other Omega-3 Fatty Acids as triglyceride (TG)		*
†Percent Daily Values are based on a 2,000 calorie diet.		
*Daily Value not established.		

Other ingredients: Gelatin, glycerin, purified water.

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