

TRADITIONAL SLEEP FORMULA*

Nature's Way® Silent Night is a blend of hops, valerian, and lemon balm, designed as a traditional sleep formula.* We partner with the Non-GMO Project and Tru-ID® to ensure superior product quality.

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



※ PREMIUM BLEND ※

SILENT NIGHT

TRADITIONAL SLEEP FORMULA*



100 VEGAN CAPSULES | 3-HERB BLEND

DIETARY SUPPLEMENT

Recommendation: Adults take 4 capsules one hour prior to bedtime. **Caution:** If you are pregnant, nursing, or taking sedatives, tranquilizers, or other medications, consult a healthcare professional before use. Avoid alcohol and do not drive or operate machinery while taking this product as it may cause drowsiness.

Supplement Facts

Serving Size 4 Capsules
Servings per Container 25

Amount per Serving	% DV
Calories	5
Total Carbohydrate	1 g <1%†
Silent Night Blend	1.76 g **
Hops (flower), Valerian (root), Lemon Balm (leaf)	

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose)

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No salt, yeast-derived ingredients, wheat, corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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