

swanson.com
or call 1-800-437-4148

- Supports cardiovascular health and blood sugar metabolism
- Essential nutrients for supporting healthy glucose levels already in the normal range

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule three times per day with food and water.

Chromax® is a registered trademark of Nutrition 21 and is licensed under U.S. patents #5,087,623; #5,087,624; and #5,175,156.

Cinnulin PF® is a registered trademark of Integrity Nutraceuticals International.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, especially blood-thinning medication, or have a medical condition. Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare providers before using this product. Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Blood Sugar Essentials

Healthy Glucose Levels

EFFECTIVE METABOLIC SUPPORT

DIETARY SUPPLEMENT | 90 CAPSULES

Supplement Facts

Serving Size 1 Capsule		
Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid and ascorbyl palmitate)	67 mg	74%
Vitamin K (as phytonadione)	30 mcg	25%
Vitamin B-6 (as pyridoxine HCl)	3.3 mg	196%
Chromium (from Chromax® chromium picolinate)	67 mcg	190%
Alpha-Lipoic Acid	200 mg	*
Cinnulin PF® (water soluble extract of cinnamon bark)	80 mg	*
N-Acetyl Cysteine	25 mg	*
Quercetin	25 mg	*
Vanadium (from vanadyl AAC)	330 mcg	*
*Daily Value not established.		

Other ingredients: Rice flour, gelatin, microcrystalline cellulose (plant fiber), stearic acid, silica.

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