IN.FORM™

CLINICALLY STUDIED PROGRAM

NEW!

METABOLIC AGE SUPPORT

PEA PROTEIN SHAKE

- Provides 2 grams of phytosterols per serving to support cardiovascular health***
- Supports weight management and healthy body composition*
- 20 grams of protein per serving

VANILLA

NATURE'S SUNSHINE®

Net Wt. 1lb 11 oz. (765g)

***Diets low in saturated fat and cholesterol that include 2 grams per day of phytosterols eaten with meals or snacks may reduce the risk of heart disease. A serving of IN.FORM Pea Protein Shake supplies 2 grams of phytosterols*

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IN.FORM™

The IN.FORM™ Metabolic Age Support Pea Protein Shake blends heart-healthy phytosterols*** with high-quality, vegan pea protein isolate in a unique formula that is free from dairy, lactose and gluten.*

The IN.FORM Metabolic Age Support Shake is the convenient, tasty and satisfying cornerstone of the clinically studied IN.FORM program‡ to support and maintain a healthy body composition and reduce metabolic age.*

- Helps to promote muscle recovery after physical exercise and enhances the buildup of lean muscle mass*
- Promotes healthy body composition when combined with exercise and a healthy diet*
- Provides 2 grams of phytosterols per serving to support cardiovascular health***
- Makes an ideal high-protein snack or meal replacement*
- Provides 20 grams of 18 amino acids per serving
- Provides 80% or more of 16 vitamins and minerals
- Vegan and free from these common allergens: dairy, lactose and gluten

WHAT IS THE IN.FORM PROGRAM?

IN.FORM is a proprietary, clinically studied program‡ that combines positive lifestyle changes with cutting-edge supplements. By supporting a healthy gut microbiome, the IN.FORM program offers a path to healthy metabolic age and function by supporting healthy body composition, weight management, and cardiovascular function all in one easy-to-follow program.*

Learn more about the IN.FORM program and the complete line of products at NaturesSunshine.com/INFORM

For best results use in conjunction with other IN.FORM products as recommended by a certified IN.FORM coach.

Recommendation: Mix two level scoops (51g) with approximately 9 ounces of cold water, or mix to taste.

****Diets low in saturated fat and cholesterol that include 2 grams per day of phytosterols eaten with meals or snacks may reduce the risk of heart disease. A serving of IN.FORM Pea Protein Shake supplies 2 grams of phytosterols.*

‡Controlled human clinical study of IN.FORM program for improving key health indicators, including metabolic age, healthy body composition, weight management, and cardiovascular health by supporting gut health, NSP 2015.

This bag has been sealed for your protection. Do not use if seal is open or damaged. The weight stated on this bag is correct; product settles during shipping. Nature's Sunshine uses natural source materials that are subject to color and texture variation.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

Nutrition Facts

15 servings per container

Serving size **2 scoops (51g)**

Amount per serving

Calories **190**

	% Daily Value**
Total Fat 4.5g	**6%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 390mg	**17%**
Total Carbohydrate 18g	**7%**
Dietary Fiber 0g	**0%**
Total Sugars 9g	
Includes 9g Added Sugars	**18%**
Sugar Alcohol 2g	
Protein 20g	**40%**
Vitamin D 15mcg	80%
Calcium 20mg	2%
Iron 3mg	15%
Potassium 180mg	4%
Vitamin A 300mcg	35%
Vitamin C 70mg	80%
Thiamin (Vitamin B1) 0.9mg	80%
Riboflavin (Vitamin B2) 1mg	80%
Niacin 12mg	80%
Vitamin B6 1.3mg	80%
Folate 200mcg DFE (120mcg folic acid)	50%
Vitamin B12 1.8mcg	80%
Biotin 23mcg	80%
Pantothenic Acid 4mg	80%
Iodine 113mcg	80%
Zinc 9mg	80%
Selenium 42mcg	80%
Copper 0.7mg	80%
Manganese 1.8mg	80%
Chromium 27mcg	80%
Molybdenum 34mcg	80%

**The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Pea protein isolate, fructose, natural flavors, inulin, phytosterols, gum arabic, soluble vegetable fiber, medium chain triglycerides, rice protein, flax seed, pea fiber, xanthan gum, bamboo fiber, sunflower oil, potassium citrate, rice bran, sodium citrate, carrot powder, sea salt, ascorbic acid, steviol glycosides, proteolytic enzyme blend, cranberry powder, broccoli powder, grape seed extract, borage oil, black bean powder, blueberry powder, sodium selenate, niacinamide, zinc oxide, luo han guo extract, ergocalciferol (vitamin D_2), manganese sulfate, d-calcium pantothenate, vitamin A palmitate, copper gluconate, adzuki bean, biotin, potassium iodide, pyridoxine hydrochloride (vitamin B_6), folic acid, thiamine hydrochloride (vitamin B_1), pomegranate, riboflavin (vitamin B_2), sodium molybdate, grape skin extract, garbanzo bean, beta-glucans, cyanocobalamin (vitamin B_{12}), chromium chloride.

Made in a facility that processes milk, soy and wheat. Produced in a GMP facility with an allergy control plan. The possibility of contact with allergenic ingredients has been minimized.

When used as part of the IN.FORM program, this product:

Supports healthy metabolic age* | Supports healthy body composition* | Supports cardiovascular health* | Is clinically studied‡

NATURE'S SUNSHINE®

Distributed Exclusively by:
NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660
1-800-223-8225 www.naturessunshine.com

Stock No. 3095

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