

BIOGENESIS®
NUTRACEUTICALS

Ultra Natal Prenatal Vitamin

Dietary Supplement
90 Capsules

Formulated Exclusively For
Healthcare Professionals

Supplement Facts

Serving Size 3 capsules

Servings Per Container 30

	Amount Per Serving	% Daily Value for Pregnant or Lactating Women*
Vitamin A (palmitate, mixed carotenoids)	3600 IU	45%
Vitamin C (ascorbic acid)	180 mg	300%
Vitamin D3 (cholecalciferol)	1000 IU	250%
Vitamin E (mixed tocopherols)	55 IU	183%
Vitamin K (65 mcg vitamin K1 (phyloquinone) and 7 mcg vitamin K2 (menaquinone-7))	72 mcg	**
Thiamin (HCl)	2 mg	118%
Riboflavin (riboflavin 5'-phosphate)	2 mg	100%
Niacin (niacinamide)	20 mg	100%
Vitamin B6 (pyridoxal 5'-phosphate)	5 mg	200%
Folate (calcium folinate)	1000 mcg	125%
Vitamin B12 (cyanocobalamin, methylcobalamin)	30 mcg	375%
Biotin	180 mcg	60%
Pantothenic acid (D-calcium pantothenate)	14 mg	140%

Other Ingredients: Microcrystalline cellulose, cellulose, silica. Contains soy (from vitamin E).

	Amount Per Serving	% Daily Value for Pregnant or Lactating Women*
Calcium (citrate)	190 mg	15%
Iron (glycinate)	25 mg	139%
Iodine (potassium)	150 mcg	100%
Magnesium (citrate)	195 mg	43%
Zinc (citrate)	14 mg	93%
Selenium (L-selenomethionine)	43 mcg	**
Copper (glycinate)	2 mg	100%
Manganese (glycinate)	5 mg	**
Chromium (polynicotinate)	90 mcg	**
Molybdenum (citrate)	60 mcg	**
Phosphatidylcholine	100 mg	**
Bioflavonoids (citrus)	30 mg	**
Proprietary enzyme blend (Protease, peptidase, amylase, lipase, cellulase, maltase, invertase, lactase, bromelain)	30 mg	**

* Percent Daily Values are Based on a 2000 Calorie Diet.

** Daily Value Not Established.

Ultra Natal Prenatal Vitamin is a comprehensive prenatal supplement, providing a full range of vitamins and minerals to meet the special needs of pregnancy and lactation. Daily dosage is divided into three capsules to reduce nausea and other gastrointestinal symptoms associated with pregnancy.*

10285 10/2012

Suggested Use:

As a dietary supplement, take 1 capsule three times per day with food or as directed by your healthcare professional.

Keep tightly capped and store in a cool, dry place. If pregnant or breastfeeding, consult your healthcare professional before use. Do not use if either tamper-evident seal is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated by:
BioGenesis Nutraceuticals, Inc.
Mill Creek, WA • 98012
425.487.0788 • www.bio-genesis.com

