Para-Cleanse®

Intestinal System Support*

Supplement Facts

Serving Size 1 Packet (6 capsules) Servings Per Container 20

Amount per 1 Packet % Daily Value	
Black Walnut Unripe Hulls Extract (Juglans nigra) 480mg†	vulgaris), Clove Flower (Syzygium aromaticui
Acetogenins (from Paw Paw twig extract, Asimina triloba) 8.5mg†	sativum), Ginger Rhizome (Zingiber officinale
Herbal Pumpkin Proprietary Blend 980mg†	Flower (Mentha spicata), Turmeric Rhizome (
Pumpkin Seed (<i>Cucurbita pepo</i>), Black Walnut Hulls (<i>Juglans nigra</i>),	Leaf Extract (Olea europaea), Sweet Wormwood
Cascara Sagrada Bark (<i>Rhamnus purshiana</i>), Chamomile Flowers	annua)
(Matricaria recutita), Mullein Leaf (Verbascum thapsus), Marshmallow	
Root (<i>Althaea officinalis</i>), Slippery Elm Inner Bark (<i>Ulmus rubra</i>)	†Daily Value not established
Artemisia Combination Proprietary Blend 778mg†	
Elecampane Root (Inula helenium), Mugwort Aerial Parts (Artemisia	

cum), Garlic Bulb (Alliun ale), Spearmint Leaf and (Curcuma longa), Olive od Aerial Parts (Artemisia

Other Ingredients: Capsule (gelatin, water), cellulose (plant), magnesium stearate (vegetable), silicon dioxide.

Each packet contains four different herbal combinations: 1 Black Walnut ATC, 1 Paw Paw Cell-Reg, 2 Herbal Pumpkin, 2 Artemisia Combination.

NOTICE: This product contains cascara sagrada bark. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain.** Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medication, or have a medical condition. Do not exceed recommended dose. Not for long-term use.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225 www.naturessunshine.com Product of U.S.A.

DIETARY SUGGESTIONS

A healthy diet is recommended, focusing on vegetables (especially green leafy), fresh fruits, and whole grains; and minimizing red meat, coffee, alcohol, sugar, processed, and fried foods.

The contents of this pack will support a ten-day program. When the contents have been consumed, continue with the dietary suggestions.

RECOMMENDED USE

Take the contents of one packet (6 capsules) 15 minutes before breakfast and 15 minutes before dinner daily for 10 days. Drink one glass (8 ounces) of water with the capsules. Continue this program for ten days.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Inner packets not intended or labeled for individual retail sale.

This carton was sealed for your protection.



PARA-CLEANSE®

Dietary Supplement - 10 Day Program 20 Packets - 6 Capsules Each (120 Capsules) Many people experience undesirable gastrointestinal effects as a result of activities that include:

- Traveling internationally
- Eating undercooked foods
- Drinking contaminated water
- Exposure to daycare centers
- Having a pet
- Use of antibiotic drugs

Fortunately, the herbal formulas included in Para-Cleanse may help improve bowel function and support the body's cleansing and detoxification process while also helping make the intestines inhospitable to foreign invaders.*