

Structural System

Supports Bone Health and Flexibility*

Supplement Facts

Serving Size 1 Packet (4 tablets, 2 capsules)
Servings Per Container 60

Amount per 1 Packet			Amount per 1 Packet		
%			%		
Vitamin A (beta-carotene)			Skeletal Strength® Proprietary Blend		
250 IU			108 mg †		
Vitamin C (ascorbic acid)			Horsetail Stem & Strobilus (<i>Equisetum arvense</i>), Betaine HCl, Papaya Fruit Concentrate (<i>Carica papaya</i>), Parsley Leaf (<i>Petroselinum crispum</i>), Pineapple Fruit Juice Concentrate (<i>Ananas comosus</i>), Valerian Root (<i>Valeriana officinalis</i>), Licorice Root Extract (<i>Glycyrrhiza glabra</i>)		
75 mg			125%		
Vitamin D3 (cholecalciferol)			Joint Support Proprietary Blend		
100 IU			800 mg †		
Vitamin B6 (pyridoxine HCl)			Alfalfa Aerial Parts (<i>Medicago sativa</i>), Horsetail Stem & Strobilus (<i>Equisetum arvense</i>), Pineapple Fruit Bromelain (<i>Ananas comosus</i>), Catnip Leaf (<i>Nepeta cataria</i>), Celery Seed (<i>Apium graveolens</i>), Black Cohosh Root (<i>Cimicifuga racemosa</i>), Yarrow Aerial Parts (<i>Achillea millefolium</i>), Capsicum Fruit (<i>Capsicum annuum</i>), Slippery Elm Bark (<i>Ulmus rubra</i>), Valerian Root (<i>Valeriana officinalis</i>), Hydrangea Root Extract (<i>Hydrangea arborescens</i>), Yucca Root Extract (<i>Yucca schidigera</i>), White Willow Bark (<i>Salix alba</i>), Burdock Root (<i>Arctium lappa</i>), Sarsaparilla Root (<i>Smilax officinalis</i>)		
2.5 mg			125%		
Vitamin B12 (cyanocobalamin)			EverFlex® Proprietary Blend		
15 mcg			1800 mg †		
Calcium (dicalcium phosphate, amino acid chelate, citrate)			Glucosamine Hydrochloride (from crab shells), Methylsulfonylmethane (MSM), Chondroitin Sulfate, Hyaluronic Acid		
300 mg			30%		
Iron (gluconate)			†Daily Value not established.		
1.5 mg					
Phosphorus (dicalcium phosphate)					
94 mg					
Magnesium (oxide, amino acid chelate)					
300 mg					
Zinc (oxide)					
7.5 mg					
Copper (gluconate)					
1 mg					
Manganese (amino acid chelate)					
0.5 mg					
Potassium (gluconate)					
50 mg					
Boron (amino acid chelate)					
0.5 mg					

Other Ingredients: Cellulose, capsule (gelatin, water), stearic acid, magnesium stearate, silicon dioxide.

Each packet in this 30 day program contains 2 Skeletal Strength tablets, 2 Joint Support capsules and 2 EverFlex tablets.

RECOMMENDATION: Take one packet in the morning with breakfast, and one packet in the evening with a meal. Follow this pattern for 30 days.

Warning: Accidental overdose of iron - containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Notice: Pregnant or lactating women should consult their health care provider prior to taking this supplement.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

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Stock No. 5389

The structural system provides the framework for our body, protects our organs, houses marrow and stores minerals. Bones, joints, tendons, ligaments, muscles and teeth allow us to move freely and perform tasks. Age, lack of exercise, a poor diet and other factors may contribute to an unhealthy structural system, which may result in a limited range of motion. The ingredients in this 30 day **Structural System** program are formulated to supply nutrients to and help maintain strong bones and healthy structural tissue.*

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



Structural System

Supports Bone Health and Flexibility*

DIETARY SUPPLEMENT - 30 DAY PROGRAM
60 PACKETS - (120 Capsules, 240 Tablets)

Skeletal Strength: Provides materials that the body uses to manufacture bones, muscles, ligaments, tendons and skin. This balanced calcium-magnesium supplement is complete with vitamins, minerals and herbs, plus enzymes that help improve absorption.*

Joint Support: Is an herbal combination that helps maintain joint tissues, supports the joint during physical stress, helps clear uric acid and supports muscle tissue.*

EverFlex w/Hyaluronic Acid: Offers the joint-supporting benefits of glucosamine, chondroitin, MSM and hyaluronic acid in one tablet. This formula supports the lubrication of joints to promote joint flexibility and mobility.*