IN.FORM™

CLINICALLY STUDIED PROGRAM

NEW! NO SUGAR ADDED

METABOLIC AGE SUPPORT

PEA PROTEIN SHAKE

- Provides 2 grams of phytosterols per serving which may reduce the risk of heart disease***
- No sugar added
- Supports weight management and healthy body composition*
- 20 grams of protein per serving

CERTIFIED VEGAN

VANILLA

NATURE'S SUNSHINE®

Net Wt. 1 lb 8 oz (675 g)

****Diets low in saturated fat and cholesterol that include 2 grams per day of phytosterols eaten with meals or snacks may reduce the risk of heart disease. A serving of IN.FORM Pea Protein Shake provides 2 grams of phytosterols.*

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IN.FORM™

The IN.FORM™ Metabolic Age Support Pea Protein Shake blends 2 grams of heart-healthy phytosterols*** per serving with high-quality, vegan pea protein isolate in a unique formula that is free from dairy, lactose, and gluten and contains no added sugar.*

The IN.FORM Metabolic Age Support Shake is the convenient, tasty and satisfying cornerstone of the clinically studied IN.FORM program[1] to support and maintain a healthy body composition and reduce metabolic age.*

- Helps to promote muscle recovery after physical exercise and enhances the buildup of lean muscle mass*
- Promotes healthy body composition when combined with exercise and a healthy diet*
- Provides 2 grams of phytosterols per serving which may reduce the risk of heart disease***
- Makes an ideal high-protein snack or meal replacement*
- Contains less than 1 gram of naturally occurring sugar and zero added sugar
- Provides 20 grams of protein, a source of 18 amino acids per serving
- Vegan pea protein isolate free from these common allergens: dairy, lactose and gluten

WHAT IS THE IN.FORM PROGRAM?

IN.FORM is a proprietary, clinically studied program[1] that combines positive lifestyle changes with cutting-edge foods and supplements. By supporting a healthy gut microbiome, the IN.FORM program offers a path to healthy metabolic age and function by supporting healthy body composition, weight management, and cardiovascular function all in one easy-to-follow program.*

Learn more about the IN.FORM program and the complete line of products at NaturesSunshine.com/INFORM

For best results use in conjunction with other IN.FORM products as recommended by a certified IN.FORM coach.

Recommendation: Mix two level scoops (45g) with approximately 9 ounces of cold water, or mix to taste.

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[1]Controlled human clinical study of IN.FORM program for improving key health indicators, including metabolic age, healthy body composition, weight management, and cardiovascular health by supporting gut health, NSP 2015.

This bag has been sealed for your protection. Do not use if seal is open or damaged. The weight stated on this bag is correct; product settles during shipping. Nature's Sunshine uses natural source materials that are subject to color and texture variation

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

Nutrition Facts

15 servings per container

Serving size **2 scoops (45g)**

Amount per serving

Calories **170**

	% Daily Value**
Total Fat 7g	**9%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 390mg	**17%**
Total Carbohydrate 12g	**4%**
Dietary Fiber 1g	**4%**
Total Sugars <1g	
Includes 0g Added Sugars	**0%**
Protein 20g	**40%**
Vitamin D 15mcg	80%
Calcium 20mg	2%
Iron 2.7mg	15%
Potassium 200mg	4%
Vitamin A 300mcg	35%
Vitamin C 70mg	80%
Thiamin 0.9mg	80%
Riboflavin 1mg	80%
Niacin 12mg	80%
Vitamin B6 1.3mg	80%
Folate 200mcg DFE (120mcg folic acid)	50%
Vitamin B12 1.8mcg	80%
Biotin 23mcg	80%
Pantothenic Acid 4mg	80%
Iodine 113mcg	80%
Zinc 8.5mg	80%
Selenium 42mcg	80%
Copper 0.7mg	80%
Manganese 1.8mg	80%
Chromium 27mcg	80%
Molybdenum 34mcg	80%

**The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Pea protein isolate, natural flavors, phytosterols, soluble vegetable fiber, sunflower oil, erythritol, short-chain fructooligosaccharides, flax seed, potassium citrate, medium chain triglycerides, xanthan gum, pea fiber, rice protein, bamboo fiber, sea salt, ascorbic acid, rice bran, sodium citrate, potassium chloride, steviol glycosides, proteolytic enzyme blend, carrot powder, cranberry powder, broccoli powder, borage oil, grape seed extract, luo han guo extract, sodium selenate, black bean powder, blueberry powder, niacinamide, zinc oxide, ergocalciferol (vitamin D_2), chicory inulin, manganese sulfate, d-calcium pantothenate, vitamin A palmitate, copper gluconate, biotin, potassium iodide, adzuki bean, pyridoxine hydrochloride (vitamin B_6), folic acid, thiamine hydrochloride (vitamin B_1), riboflavin (vitamin B_2), sodium molybdate, pomegranate powder, cyanocobalamin (vitamin B_{12}), grape skin extract, garbanzo bean powder, beta-glucans, chromium chloride.

Made in a facility that processes milk, soy, wheat, and egg. Produced in a GMP facility with an allergy control plan. The possibility of contact with allergenic ingredients has been minimized.

When used as part of the IN.FORM program, this product:

Supports healthy metabolic age* | Supports healthy body composition* | Supports cardiovascular health* | Is clinically studied[1]

NATURE'S SUNSHINE®

Distributed Exclusively by:
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