

## Clean Nutrition

Sundown® believes in clean nutrition and being transparent. That's why you won't find genetically modified ingredients, gluten, wheat, dairy, lactose or artificial flavors in ANY of our products.

- Non-GMO • No Gluten • No Wheat
- No Milk • No Lactose • No Artificial Color
- No Artificial Flavor • No Artificial Sweetener • No Preservatives • No Sugar
- No Soy • No Yeast • No Peanuts • No Tree Nuts • No Fish • Sodium Free

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions? Call toll free  
1-888-VITAHELP (848-2435)  
or visit us at  
[www.sundownnutrition.com](http://www.sundownnutrition.com)

Manufactured by  
REXALL SUNDOWN, INC.  
Boca Raton, FL 33487 USA

Prod. No. 80814

### US ONLY

Discard Seal &  
Empty Before  
Recycling



PLASTIC  
BOTTLE

\*Not recycled in  
all communities  
00A B18535

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how2recycle.info



# RELAXATION

## 5-HTP

### 200MG

## Supports a Calm, Relaxed Mood\*

30 Capsules | Dietary Supplement

**DIRECTIONS:** FOR ADULTS, TAKE ONE (1) CAPSULE DAILY AS NEEDED OR AT BEDTIME AS 5-HTP MAY PRODUCE DROWSINESS. If you experience stomach sensitivity, take with food. As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
5-HTP (L-5-Hydroxytryptophan) (from Griffonia Extract) ( <i>Griffonia simplicifolia</i> ) (seed)	200 mg	**

\*\*Daily Value not established.

**Other Ingredients:** Rice Flour, Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, including anti-depressants or drugs with central nervous system or serotonergic activity, or have any medical condition, including mental health or gastrointestinal concerns, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18. **KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

