**DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET AT BEDTIME.** As a reminder, discuss the supplements and medications you take with your health care providers.

### **Supplement Facts Serving Size 1 Tablet** %Daily Value **Amount Per Serving Organic Valerian** 300 mg (Valeriana officinalis) (root) **Organic Chamomile** 100 mg (Matricaria recutita) (flower) Organic Passion Flower Extract 70 mg (Passiflora incarnata) (aerial) **Organic Lemon Balm** 30 mg (Melissa officinalis) (aerial) \*\*Daily Value not established.

Other Ingredients: Organic Tapioca Dextrose, Organic Bamboo Extract, Organic Rice Extract Blend, Organic Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum.

†Traditional use claims are based on historical or traditional practices. Valerian has a long history of use for relaxation and occasional sleeplessness dating back to traditional Greek medicine.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM
TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT:
DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

- Non-GMO No Gluten No Wheat
- No Milk
   No Lactose
   No Artificial Color
- No Artificial Flavor
   No Artificial Sweetener
  - No PreservativesNo Soy
  - No Yeast
     No Peanuts
     No Tree Nuts
    - No Fish
       Sodium Free



## MADE FROM 100% SUGAR CANE FIBER

- Eliminates Wood-based Processes
  - Renewable Resource
- Removes Carbon Dioxide from the Atmosphere

Manufactured for REXALL SUNDOWN, INC. Boca Raton, FL 33487 USA



Certified Organic by Quality Assurance International

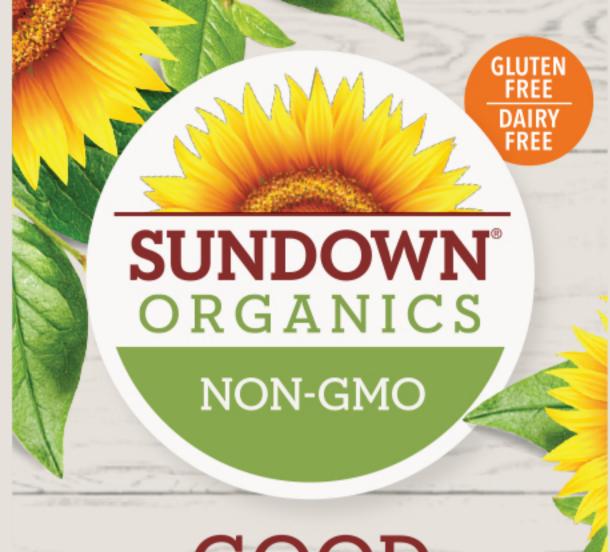


\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Questions?

Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownorganics.com





# GOOD NIGHT HERBAL COMPLEX

Sleep Easy for a Tranquil Night's Rest\*



**ONCE DAILY** 

30 Tablets | Dietary Supplement

# — Organic, Clean Nutrition –

In a world of choice, living your best becomes a collaboration between you...and you. When your well-being is important, living clean is a conscious choice you make. Sundown® believes in living clean...and being transparent. That's why you won't find genetically modified ingredients, gluten, wheat, dairy, lactose or artificial flavors in ANY of our products. Now, we're going one step further with our USDA Certified Organic Supplements that are 100% free of synthetic dyes. Now there's a clean, organic choice you can feel good about.

Our Good Night Herbal Complex helps you get a tranquil night's rest with 300mg of Valerian Root, plus Chamomile, Lemon Balm and Passion Flower.\* Valerian is traditionally used for occasional sleeplessness.\*<sup>†</sup>

# Ingredient Facts

Valerian has a long history of use for relaxation and occasional sleeplessness dating back over 2,000 years to traditional Greek medicine.\*

Chamomile has been used as a traditional herb for thousands of years.

Lemon Balm is native to the

Mediterranean and it's leaves have a lemony scent and flavor.