WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

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Amount Per Serving	%Daily	Value
Vitamin A (as Beta-Carotene)‡	180 mcg	20%
Vitamin C (from Organic Acerola Berry and Ascorbic	18 mg c Acid)	20%
Vitamin D (as D3 Cholecalciferol)‡	20 mcg (800 IU)	100%
Vitamin E (as d-Alpha Tocopheryl Acetate)‡	3.75 mg	25%
Niacin (as Niacinamide)‡	4 mg	25%
Vitamin B-6 (as Pyridoxine Hydrochloride)‡	1.7 mg	100%
Folate‡	400 mcg DFE (240 mcg folic acid)	100%
Vitamin B-12 (as Cyanocobalamin)‡	2.4 mcg	100%
Biotin (as d-Biotin)‡	15 mcg	50%
Pantothenic Acid (as Calcium Pantothenate)	‡ 1.25 mg	25%
Iodine (as Potassium Iodide)‡	150 mcg	100%
Zinc (as Zinc Oxide)‡	2.2 mg	20%

Organic Fruit and Vegetable Blend 100 mg **
Organic Red Bell Pepper (Capsicum annuum) (fruit), Organic
Maltodextrin, Organic Tomato (Lycopersicon esculentum) (fruit),
Organic Cranberry (Vaccinium macrocarpon) (fruit), Organic
Strawberry (Fragaria virginiana) (fruit), Organic Acai (Euterpe
oleracea mart) (fruit), Organic Beet (Beta vulgaris) (root), Organic
Blueberry (Vaccinium angustifolium) (fruit), Organic Broccoli
(Brassica oleracea italica) (stem and floret), Organic Carrot (Daucus
carota sativus) (root), Organic Kale (Brassica oleracea acephala)
(leaf), Organic Spinach (Spinacia oleracea) (leaf), Organic Goji
(Lycium barbarum) (fruit), Organic Pumpkin (Cucurbita spp.) (fruit),
Organic Pomegranate (Punica granatum) (fruit), Organic Rice Flour,
Organic Grape (Vitis labrusca) (fruit), Organic Sunflower (Helianthus
annuus) (seed).

**Daily Value not established.

Other Ingredients: Organic Tapioca Dextrose, Fermentation Blend (Organic Soy Flour, Organic Yeast, L. acidophilus, B. bifidum, L. rhamnosus, Organic Gum Arabic, Papain, Bromelain), Organic Bamboo Extract, Organic Maltodextrin, Organic Rice Extract Blend, Organic Carrots, Organic Alfalfa Grass, Organic Safflower Oil, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum.

Contains soy ingredients.

‡Nutrients incorporated into a Fermented Blend

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure, have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. If adverse reactions occur, stop use and consult your doctor. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

- Non-GMO No Gluten No Wheat
- No Milk No Lactose No Artificial Color
- No Artificial Flavor
 No Artificial Sweetener
 - No Preservatives
 No Peanuts
 - No Tree Nuts
 No Fish
 Sodium Free



MADE FROM 100% SUGAR CANE FIBER

- Eliminates Wood-based Processes
 - Renewable Resource
- Removes Carbon Dioxide from the Atmosphere

Manufactured for REXALL SUNDOWN, INC. Boca Raton, FL 33487 USA



Certified Organic by Quality Assurance International



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions?

Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownorganics.com





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Essential Nutrients to Support an Active Lifestyle*

Enriched with over 15 Different Organic Fruits & Vegetables†

30 Tablets | Dietary Supplement

— Organic, Clean Nutrition

In a world of choice, living your best becomes a collaboration between you...and you. When your well-being is important, living clean is a conscious choice you make. Sundown® believes in living clean...and being transparent. That's why you won't find genetically modified ingredients, gluten, wheat, dairy, lactose or artificial flavors in ANY of our products. Now, we're going one step further with our USDA Certified Organic Supplements that are 100% free of synthetic dyes. Now there's a clean, organic choice you can feel good about.

Let your daily health thrive with our Well Adult Multi that supplies 12 key nutrients including Vitamin D3, Vitamin C, Vitamin B6, Iodine and Zinc that work together to support immune and heart health, as well as overall well-being.* This comprehensive formula also contains an organic blend from over 15 different leafy greens, superfruits, and vegetables† in each serving!

Ingredient Facts

lodine is an essential component of the thyroid hormone that plays a role in growth, development and metabolic processes.*

†Contains a powdered blend of organic fruits and vegetables.