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Supplement Facts Serving Size 4 Tablets / Servings per Container 3					
Amount per Serving			% D		
Calories	10				
Total Carbohydrate	2	9	19		
Vitamin A (as 75% beta caratene and 25% retiryl acetate)	1,500	mcg	167		
Vitamin C (as potassium ascorbate	300	mg	333		
Vitamin D3 (as cholecalciferol)	20	mog	100		
Vitamin E (as d'alpha tocophery) acetate and mixed tocopherols		mg	293		
Vitamin K (as phytonadione)	120	mog	100		
Thiamin (vitamin B1)	60	mg	5,000		
Riboflavin (vitamin B2)	60	mg	4,615		
Niacin (as niacinamide and niacin	120	mg	750		
Vitamin B6 (as pyridoxine HCl)	25	mg	1,471		
Folate 480	800 mcg F		DFE 200 cid		
Vitamin B12 (as cyanocobalamin	800	mcg	33,333		
Biotin	600	mog	2,000		
Pantothenic Acid (as calcium D-pantothenate)	100	mg	2,000		
Choline (as choline bitartrate)	275	mg	50		
Calcium (as calcium carbonate,	400	ma	31		

Amount per Serving			% DV
lodine (as potassium iodide)	300	mcg	200%
Magnesium (as magnesium aspartate and magnesium oxide)	200	mg	48%
Zinc (as zinc gluconate)	18	mg	164%
Selenium (as L-selenomethionine)	200	mcg	364%
Copper (as copper gluconate)	2	mg	222%
Manganese (as manganese citrate)	2	mg	87%
Molybdenum (as sodium molybdate)	75	mcg	167%
Potassium (as potassium aspartate)	100	mg	2%
Cinnamon (Cinnamomum aromaticum) Bark Extract	200	mg	**
Protective Blend: sweet cherry fruit extract, grape seed extract, pomegranate fruit extract, Japaness knotweed root extract standardized to 50% resveratrol [9 mg]		mg	
Saw Palmetto (berry) Extract	80	mg	**
Ginger Rhizome Extract	60	mg	**
Vegetable Blend: broccoli, cabbage carrot, collard greens, radish, tom mustard greens, kale, spinach	, 40 ato,	mg	**
Inositol	30	mg	**
Betaine HCI	25	mg	**
Asian Ginseng Root Extract standardized to 7% ginsenosides (mg	**
Bilberry Fruit Extract	10	mg	**
Boron (as sodium borate)	3	mg	**
Lycopene	2	mg	**
Lutein	1.5	ma	**



Recommendation: Take 4 tablets daily, preferably with

food. May take 2 tablets twice daily. Do not use if you are

Serving Size 4 Tablets / Servings per Container 30

Supplement Facts

LBX00092.Q01

preanant or nursing.

BLK9Q

♠ LS00092.Q01 BLK9Q

Amount per Serving

to 50% resveratrol (9 mg)

Saw Palmetto (berry) Extract

Ginger Rhizome Extract

Bark Extract

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Questions? 1-800-9NATURE / naturesway.com

% DV 88 mg Protective Blend: sweet cherry fruit extract, grape seed extract, pomegranate fruit extract, Japanese knotweed root extract standardized 80 mg 60 mg

120 TABLETS

40 mg	**
30 mg	**
25 mg	**
15 mg	**
10 mg	**
3 mg	**
2 mg	**
1.5 mg	**
150 mcg	**
75 mcg	**
	30 mg 25 mg 15 mg 10 mg 3 mg 2 mg 1.5 mg 150 mcg

**Daily Value not established

Other ingredients: cellulose, hypromellose, sodium croscarmellose, stearic acid, magnesium stearate, alycerin, silica, acacia aum,

Caution: If you have a blood clotting disorder, diabetes, or if you are taking any medications, consult a healthcare professional before use. Individuals with diabetes should monitor blood alucose levels regularly.

GLUTEN FREE. No yeast-derived ingredients, wheat, dairy products, or artificial colors, flavors, or preservatives,

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

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Green Bay, WI 54311 USA Questions? 1-800-9NATURE / naturesway.com For more than 20 years, Doctor's Choice™ multivitamins have been a smart choice for consumers who want a total-body wellness formula with the unique blend of vitamins, minerals and other select nutrients specially tailored to their age and gender.

DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Doctor's Choice for 50+ Men -Nutrition That Delivers-

In addition to providing a full range of essential vitamins and minerals, Doctor's Choice for 50+ Men offers proprietary food-based blends:

- Protective Blend with sweet cherry, green tea, grape seed, and Japanese knotweed extracts
- Vegetable Blend with broccoli, cabbage, carrot, and more

Each tablet also contains saw palmetto for men and cinnamon, lutein, zeaxanthin - to comprise a comprehensive multivitamin that delivers:

- Immune support*
- B-Vitamins to convert food into cellular energy*
- Balanced nutrition

It is the right choice for better living!

"THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. This product is not intended to diagnose. Treal cure. Or prevent any disease.



50+ MEN

DAILY RX FOR:

BALANCED NUTRITION IMMUNE SUPPORT* CELLULAR ENERGY*

120 TABLETS

DIETARY SUPPLEMENT

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% DV Amount per Serving Total Carbohydrate 2 a Vitamin A (as 75% beta carotene 1,500 mcg 167% and 25% retinyl acetate) Vitamin C (as potassium ascorbate) 300 ma Vitamin D3 (as cholecalciferol) 20 mcg Vitamin E (as d-alpha tocophery) acetate 44 ma 293% and mixed tocopherols) Vitamin K (as phytonadione) 120 mca Thiamin (vitamin B1) Riboflavin (vitamin B2) 60 ma 4.615% Niacin (as niacinamide and niacin) 120 ma Vitamin B6 (as pyridoxine HCl) 25 mg 1.471% Folate 800 mcg DFE 200% 480 mcg Folic Acid Vitamin B12 (as cvanocobalamin) 800 mcg 33,333% 600 mcg Pantothenic Acid (as calcium D-pantothenate) 100 ma Choline las choline bitartratel 275 mg Calcium (as calcium carbonate, tricalcium 400 ma phosphate, calcium citrate) lodine (as potassium iodide) 300 mca Magnesium (as magnesium aspartate 200 ma 48% and magnesium oxide) Zinc (as zinc gluconate) 18 ma 164% 200 mca 364% Selenium (as L-selenomethionine) Copper (as copper gluconate) 2 mg Manganese (as manganese citrate) 2 mg 87% Molybdenum (as sodium molybdate) 75 mca

Potassium (as potassium aspartate)

100 mg

2%