**DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.** As a reminder, discuss the supplements and medications you take with your health care providers.

# **Supplement Facts**

Serving Size 1 Tablet

Amount Per Serving	%Daily	Value
Vitamin A (as Beta-Carotene)‡	216 mcg	24%
Vitamin C (from Organic Acerola Berry and Ascorbic	18 mg Acid)	20%
Vitamin D (as D3 Cholecalciferol)‡	20 mcg (800 IU)	100%
Niacin (as Niacinamide)‡	4.8 mg	30%
Vitamin B-6 (as Pyridoxine Hydrochloride)‡	2.5 mg	147%
Folate‡ (12	200 mcg DFE 0 mcg folic acid)	50%
Vitamin B-12 (as Cyanocobalamin)‡	3.6 mcg	150%
Biotin (as d-Biotin)‡	10 mcg	33%
Pantothenic Acid (as Calcium Pantothenate)‡	1.25 mg	25%
lodine (as Potassium lodide)‡	150 mcg	100%
Zinc (as Zinc Oxide)‡	2.2 mg	20%
Selenium (as Selenium Dioxide)‡	69 mcg	125%

Organic Fruit and Vegetable Blend
Organic Red Bell Pepper (Capsicum annuum) (fruit), Organic
Maltodextrin, Organic Tomato (Lycopersicon esculentum) (fruit),
Organic Cranberry (Vaccinium macrocarpon) (fruit), Organic
Strawberry (Fragaria virginiana) (fruit), Organic Acai (Euterpe
oleracea mart) (fruit), Organic Beet (Beta vulgaris) (root), Organic
Blueberry (Vaccinium angustifolium) (fruit), Organic Broccoli
(Brassica oleracea italica) (stem and floret), Organic Carrot (Daucus
carota sativus) (root), Organic Kale (Brassica oleracea acephala)
(leaf), Organic Spinach (Spinacia oleracea) (leaf), Organic Goji
(Lycium barbarum) (fruit), Organic Pumpkin (Cucurbita spp.) (fruit),
Organic Pomegranate (Punica granatum) (fruit), Organic Rice Flour,
Organic Grape (Vitis labrusca) (fruit), Organic Sunflower (Helianthus
annuus) (seed).

\*\*Daily Value not established.

Other Ingredients: Organic Tapioca Dextrose, Fermentation Blend (Organic Soy Flour, Organic Yeast, L. acidophilus, B. bifidum, L. rhamnosus, Organic Gum Arabic, Papain, Bromelain), Organic Bamboo Extract, Organic Maltodextrin, Organic Rice Extract Blend, Organic Carrots, Organic Alfalfa Grass, Organic Safflower Oil, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum. Contains soy ingredients.

‡Nutrients incorporated into a Fermented Blend

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical procedure, have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. If adverse reactions occur, stop use and consult your doctor. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

- Non-GMO No Gluten No Wheat
- No Milk
   No Lactose
   No Artificial Color
- - No Preservatives
     No Peanuts
  - No Tree Nuts
     No Fish
     Sodium Free



### MADE FROM 100% SUGAR CANE FIBER

- Eliminates Wood-based Processes
  - Renewable Resource
- Removes Carbon Dioxide from the Atmosphere

Manufactured for REXALL SUNDOWN, INC. Boca Raton, FL 33487 USA



Certified Organic by Quality Assurance International

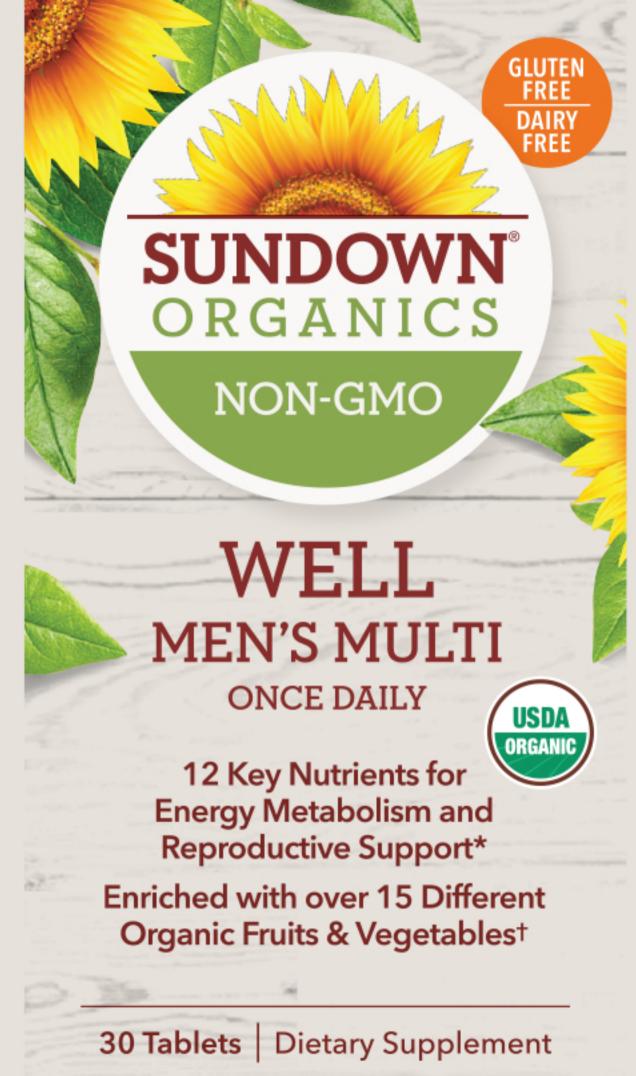


\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#### Questions?

Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownorganics.com





### — Organic, Clean Nutrition

In a world of choice, living your best becomes a collaboration between you...and you. When your well-being is important, living clean is a conscious choice you make. Sundown® believes in living clean...and being transparent. That's why you won't find genetically modified ingredients, gluten, wheat, dairy, lactose or artificial flavors in ANY of our products. Now, we're going one step further with our USDA Certified Organic Supplements that are 100% free of synthetic dyes. Now there's a clean, organic choice you can feel good about.

Let your daily health thrive with our Well
Men's Multi that supplies 12 key
nutrients working together to support
overall well-being.\* Key B Vitamins
support heart health while Selenium and
Zinc support prostate and immune
health.\* This comprehensive formula
also contains an organic blend from over
15 different leafy greens, superfruits,
and vegetables† in each serving!

## Ingredient Facts

**lodine** is an essential component of the thyroid hormone that plays a role in growth, development and metabolic processes.\*

†Contains a powdered blend of organic fruits and vegetables.