

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.
As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts		
Serving Size 1 Tablet		
Amount Per Serving	%Daily Value	
Vitamin B-12	1,000 mcg	41,667%
(as Cyanocobalamin)†		

Other Ingredients: Organic Tapioca Dextrose, Fermentation Blend (Organic Soy Flour, Organic Gum Arabic, Organic Yeast, *L. acidophilus*, *B. bifidum*, *L. rhamnosus*, Papain, Bromelain), Organic Bamboo Extract, Organic Rice Extract Blend, Organic Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum.

Contains soy ingredients.

†Nutrients incorporated into a Fermented Blend

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

- Non-GMO • No Gluten • No Wheat
- No Milk • No Lactose
- No Artificial Color • No Artificial Flavor
- No Artificial Sweetener • No Preservatives
- No Peanuts • No Tree Nuts
- No Fish • Sodium Free



**MADE FROM
100% SUGAR
CANE FIBER**

- Eliminates Wood-based Processes
- Renewable Resource
- Removes Carbon Dioxide from the Atmosphere

Manufactured for REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



**Certified
Organic**
by Quality Assurance
International

★ **Made in
the USA**
with select ingredients
from around the world

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions?
Call toll free **1-888-VITAHELP (848-2435)**
or visit us at www.sundownorganics.com



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US ONLY**

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GLUTEN
FREE
DAIRY
FREE

SUNDOWN[®]

ORGANICS

NON-GMO

ENER-B[®]

B12

1000 MCG

Energy Metabolism
for the Whole Body*

USDA
ORGANIC

ONCE DAILY

30 Tablets | Dietary Supplement

— **Organic, Clean Nutrition** —

In a world of choice, living your best becomes a collaboration between you...and you. When your well-being is important, living clean is a conscious choice you make. Sundown[®] believes in living clean...and being transparent. That's why you won't find genetically modified ingredients, gluten, wheat, dairy, lactose or artificial flavors in ANY of our products. Now, we're going one step further with our USDA Certified Organic Supplements that are 100% free of synthetic dyes. Now there's a clean, organic choice you can feel good about.

Our Ener-B[®] Vitamin B12 1000mcg provides energy metabolism support for the whole body by converting food into energy, and helps to maintain great nervous system health.*

— **Ingredient Facts** —

Vitamin B12 is a water soluble vitamin that is essential for normal formation of blood cells and plays a key role in energy metabolism in the body.*