

USAGE: Take 1 tablet 1 to 2 times per day, preferably on an empty stomach with fruit juice or as directed by your qualified healthcare professional.

NOTE: Prolonged or elevated intake may alter liver function tests without affecting actual liver function. Inform your physician that you are ingesting NAC if you undergo liver function tests. If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

NAC Sustain® is in a special Sustain™ bilayer Quick Release/Sustained Release format of **N-Acetyl-L-Cysteine (NAC)**, a powerful antioxidant amino acid and a precursor to the critical antioxidant glutathione.* Glutathione exerts a variety of protective effects, including detoxification and intracellular defense against oxidative stress.* Substances known to reduce glutathione status are acetaminophen and alcohol.*

The advanced bilayer Sustain™ tablets combine 1/3 Quick Release and 2/3 Sustained Release formats to both immediately raise and maintain blood levels over a longer period of time.* NAC Sustain® releases in the small intestine over an 8 hour period, compared to the 1.5 hour biological half-life of NAC in the bloodstream.*

Keep out of the reach of children.

Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
FORMULAS®

Bilayer Tablets
Quick + Sustained Releases

N-A-C

N-Acetyl-L-Cysteine

Sustain®

Antioxidant and Glutathione Precursor*
Supports Liver and Lung Function*

600
MILLIGRAMS

100
TABLETS

**DIETARY
SUPPLEMENT**



Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
Los Angeles, CA 90035-4317
www.Jarrow.com
(866) 459-4154

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 100

	Amount Per Serving	% DV
N-Acetyl-L-Cysteine	600 mg	†

† Daily Value not established.

Other Ingredients: Carbomer, cellulose, calcium phosphate, beet root powder (for color), stearic acid (vegetable source), magnesium stearate (vegetable source), silicon dioxide and a food-grade coating.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.

Bilayer

**SUSTAINED
QUICK**

05319SUS

PROD # 107001



Lot #. Best Used Before:

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FILL LINE