

USAGE: Take 1 softgel per day with a meal or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, consult your healthcare professional before using this product.

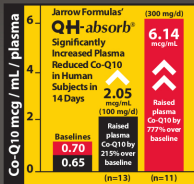
Cells produce Ubiquinol, the active antioxidant state of Co-Q10, which is significantly better absorbed, particularly as we age.

QH-absorb® is a proprietary, enhanced-stability formula, clinically shown in humans to increase Co-Q10 levels by 215% at 100 mg per day and by 777% over baseline at 300 mg per day.

Keep out of the reach of children.
Store in a cool, dry place.



Q+®, Kaneka QH®, Kaneka Ubiquinol™ and the quality seal™ are registered or pending trademarks of Kaneka Corp.



Jarrow
FORMULAS®

Reduced Form Co-Q10

Ubiquinol
QH-absorb®



High Absorption / Enhanced Stability

200
MILLIGRAMS

30
SOFTGELS

DIETARY
SUPPLEMENT



Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

	Amount Per Serving	% DV
Ubiquinol (Kaneka QH®)	200 mg	†

† Daily Value not established.

Other Ingredients: Medium chain triglycerides, sunflower lecithin and beeswax; rosemary extract, natural mixed tocopherols and ascorbyl palmitate added to maintain freshness. Softgel consists of bovine gelatin, glycerin and purified water; caramel and carob extract added as a light barrier.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.
Particle formation inside softgel is normal and dissolves after ingestion.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
Los Angeles, CA 90035-4317
www.Jarrow.com
(866) 459-4154

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PROD # 106024



FILL LINE

Lot #. Best Used Before:

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