SUGGESTED USE

Adults take 3 capsules daily in the evening.

Not for use during pregnancy or lactation. If you have a medical condition or take medications. please consult with your doctor before use. Store away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.













Milk Thistle Seed

Traditionally for maintaining healthy liver function*



VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT

Supplement Facts

Serving Size 3 Cansules Servings Per Container 40

	Per Serving	Va
Calories	10	
Total Carbohydrate	2 g	<1
Milk Thistle (Silybum marianum) seed extract	600 mg	
Silymarins	270 mg	

* Percent Daily Values are based on a 2.000 calorie diet † Daily Value not established

Other ingredients: Vegetable glycerin, sunflower lecithin, vegan capsule (hypromellose, chlorophyll) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712 Each 3 capsules contain 32,400 mg dry herb equivalent.

VEGAN · GLUTEN-FREE · SOY-FREE