

SUGGESTED USE

Adults take 30-50 drops in a small amount of water 3-4 times daily between meals.

Shake well before use. Natural separation may occur. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed at neck of bottle.

meetyourherbs.com

Purity and potency levels are ensured.



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gaia[®]
HERBS

STRESS SUPPORT*

Oats Milky Seed

With Gaia-grown™ Oats

4 FL OZ (118mL) HERBAL SUPPLEMENT



Supplement Facts

Serving Size 50 Drops (1.67 mL)

Servings Per Container About 71

Amount Per Serving

Organic Oats (<i>Avena sativa</i>)	1.67 mL†
milky seed extract	

† Daily Value not established.

Other ingredients: Organic alcohol USP (40-50%) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive,
Brevard, NC 28712

Certified Organic by Oregon Tilth

1:2 Herb Strength Ratio
500 mg/mL Herb Equivalency

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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