

SUGGESTED USE

Adults take 30-50 drops in a small amount of water 3-4 times daily between meals.

Shake well before use. Natural separation may occur. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use.

Store away from children. Use only as directed on label. Safety-sealed at neck of bottle.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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HERBS



STRESS SUPPORT*

Oats Milky Seed

Traditionally for relaxation & emotional well-being*

1 FL OZ (30mL) HERBAL SUPPLEMENT

Supplement Facts

Serving Size 50 Drops (1.67 mL)
Servings Per Container About 18

Amount Per Serving

Organic Oats (<i>Avena sativa</i>) milky seed extract	1.67 mL†
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† Daily Value not established.

Other ingredients: Organic alcohol USP (40-50%) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive,
Brevard, NC 28712

Certified Organic by Oregon Tilth

1:2 Herb Strength Ratio
500 mg/mL Herb Equivalency

