

Compare to Vitamins/Minerals in Centrum® Liquid*



Multi-Vite Liquid

**VITAMIN & MINERAL
LIQUID SUPPLEMENT**
with Antioxidant Vitamins C & E

Natural Citrus Flavor
Alcohol Free

8 FL.OZ. (236ML)

Supplement Facts

Serving Size: 1 Tablespoon (15 mL)

Servings per Container: 15

Amount per tablespoon		% DV
Calories	20	
Total Carbohydrates	3 g	<1%**
Sugars	3 g	†
Vitamin A (as palmitate)	1300 IU	26%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU	100%
Thiamine (as thiamine HCl)	1.1 mg	73%
Riboflavin (as Riboflavin-5-Phosphate)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium d-pantothenate)	10 mg	100%
Iron (as ferrous gluconate)	9 mg	50%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc gluconate)	3 mg	20%
Manganese (as manganese chloride)	2 mg	100%
Chromium (as chromium chloride)	25 mcg	21%
Molybdenum (as sodium molybdate)	25 mcg	33%

** % Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: Purified Water, Glycerin, Sucrose, Polysorbate 80, Citric Acid, Sodium Citrate, Natural Citrus Flavor, Sodium Benzoate (Preservative), EDTA. Sodium Hydroxide may be used to adjust pH.

**TAMPER EVIDENT: DO NOT USE IF
SAFETY SEAL UNDER CAP
IS BROKEN OR MISSING**

DIRECTIONS: Adults - One tablespoon (15mL) daily with food. Not formulated for use in children. To preserve quality and freshness, keep bottle tightly closed. Store between 15°-30°C (59°-86°F). **SHAKE WELL BEFORE USE.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, seek professional assistance or contact a Poison Control Center right away.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take product if taking other vitamin A supplements.

*Reliable-1 Laboratories is not affiliated with the owner of the trademark Centrum® Liquid.



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