

Exp. Date:
Lot No.:

DIRECTIONS: Take 3 caplets with your first bite of dairy food. If you continue to eat foods containing dairy after 30-45 minutes, take another serving.

Consult your doctor if your symptoms continue after use or if symptoms are unusual and seem unrelated to eating dairy.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

Store at or below 77°F. Keep away from heat and humidity.

FREE OF: milk, egg, fish, shellfish, tree nuts, wheat, peanuts and soy.

† Reliable-1 Laboratories LLC is not affiliated with the owner of the trademark Lactaid® Original.

Rev. 1217



Compare to lactase in Lactaid® Original.†



Lactase
Enzyme

DIETARY SUPPLEMENT

60 CAPLETS

Supplement Facts

Serving Size 3 Caplets
Servings Per Container 20

Amount Per Serving	% Daily Value
--------------------	---------------

Lactase Enzyme	**
9,000 FCC Lactase Units	

** Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate, silica and colloidal silicon dioxide

Distributed by: **Reliable-1 Laboratories LLC**
Valley Stream, NY 11580

(516) 341-0666 www.reliable1labs.com