

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suitable for Vegetarians/Vegans
Free of Major Allergens

Made in Denmark by Chr. Hansen A/S

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Lot #: Best Used Before:

01518FEMS60

PROD # 103042

Jarrow
FORMULAS®

VAGINAL/URINARY
TRACT HEALTH*

WOMEN'S
fem
dophilus®

ORAL PROBIOTIC
SUPPLEMENT

NO
REFRIGERATION
NECESSARY

60
VEGGIE CAPS

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% DV
Total Probiotic Blend	1 Billion Viable Cells	††
Composed of the following strains:		
<i>Lactobacillus rhamnosus</i> , GR-1®†		
<i>Lactobacillus reuteri</i> , RC-14®†		

†† Daily Value not established.

Other Ingredients: Maltodextrin (non-GMO source), cellulose, magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose and titanium dioxide.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35594
Los Angeles, CA 90035-4317
www.Jarrow.com

STRAINS
MATTER™

Jarrow Formulas® Probiotics Contain
Clinically Documented Strains

GR-1®/RC-14® and VAGINAL FLORA (also called microbiota)

In one of the randomized clinical trials, 75% of women in the GR-1®/RC-14® probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.



Martinez, et al. Can J Microbiol 2009;55:133-138

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactobacillus rhamnosus*, GR-1® and *Lactobacillus reuteri*, RC-14®, discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1® and RC-14® to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

Fem-Dophilus® does not require refrigeration and can be stored at room temperature. Refrigeration will, however, extend the shelf life. Avoid temperatures above 77°F (25°C).

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Jarrow
FORMULAS®

WOMEN'S
fem
dophilus®

VAGINAL/URINARY TRACT HEALTH*

NO
REFRIGERATION
NECESSARY

25+
YEARS OF
RESEARCH/CLINICAL
STUDIES**

FREE OF MAJOR ALLERGENS
SUITABLE FOR VEGETARIANS/VEGANS

60
VEGGIE CAPS
ORAL PROBIOTIC SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% DV
Total Probiotic Blend	1 Billion Viable Cells (Minimum)§	††
Composed of the following strains:		
<i>Lactobacillus rhamnosus</i> , GR-1®†		
<i>Lactobacillus reuteri</i> , RC-14®†		

§ Minimum 1 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date.
†† Daily Value not established.

Other Ingredients: Maltodextrin (non-GMO source), cellulose and magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose and titanium dioxide.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.



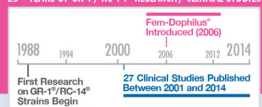
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RC-14® and GR-1® are registered trademarks of Chr. Hansen A/S.

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25+ YEARS OF GR-1®/RC-14® RESEARCH/CLINICAL STUDIES



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