

**USAGE:** Take 2 capsules per day with food or as directed by your qualified healthcare professional. **DO NOT** take late in the day.

**WARNING for pregnant women and women who could become pregnant:** Do **NOT** take this product, as animal studies indicate vinpocetine may adversely affect the fetus. **NOTE:** If you have a medical condition, are taking medications (especially blood-thinning medications), or are under 18, consult your healthcare professional before using this product.

**Jarrow Formulas® BrainBoost™** is formulated with ingredients shown to support brain function.\* **Sharp-PS® Gold** supplies an omega-3 and phospholipid complex, providing DHA and phosphatidylserine, both of which are found naturally in the brain where they support healthy nerve cell membranes, myelin and nerve cell communication.\* **Chocamine® Plus** is a patented cacao seed extract containing theobromine and caffeine, both of which increase nerve cell activity to enhance cognitive and motor functions.\* **Vinpocetine** supports brain energy metabolism by increasing blood circulation in the brain, which supports brain functions such as memory.\*

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Sharp-PS® Gold** is a registered trademark of Enzymotec, Ltd. **Chocamine® Plus** is protected by U.S. Patent # 7,048,941.

Lot #. Best Used Before:

**Jarrow**  
F O R M U L A S

# BrainBoost™

Supports Focus,\*  
Cognition\* & Memory\*

60  
CAPSULES

DIETARY  
SUPPLEMENT



## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

|                                                                                                                             | Amount Per Serving | % DV |
|-----------------------------------------------------------------------------------------------------------------------------|--------------------|------|
| Chocamine® Plus<br>(Extract of <i>Theobroma cacao</i> )                                                                     | 500 mg             | †    |
| Theobromine                                                                                                                 | 60 mg              | †    |
| Caffeine                                                                                                                    | 40 mg              | †    |
| Sharp-PS® GOLD<br>(Conjugated Phosphatidylserine [PS]-Docosahexaenoic Acid [DHA] Complex, Supplying 100 mg PS and 6 mg DHA) | 223 mg             | †    |
| Vinpocetine                                                                                                                 | 5 mg               | †    |
| † Daily Value not established.                                                                                              |                    |      |

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of bovine gelatin.  
**Contains:** Soy and fish (Atlantic cod, haddock and pollock). No wheat, gluten, dairy, egg, shellfish, or peanuts/tree nuts.  
**Store in a cool, dry place.**

Distributed Exclusively by:

**Jarrow FORMULAS®**

Superior Nutrition and Formulation™  
Los Angeles, CA 90035-4317

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