

**USAGE:** Take 1 softgel 1 to 2 times per day with meals or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition (especially seafood allergies or coagulopathy), are pregnant, lactating, trying to conceive, under the age of 18, taking medications (especially anticoagulants), or facing surgery, consult your healthcare professional before using this product.

**EPA-DHA Balance®** contains ultra-purified and highly concentrated omega-3 fatty acids from fish oil.

EPA-DHA Balance® offers synergistic health benefits from both important omega-3 fatty acids in a 2:1 ratio.\*

EPA-DHA Balance®

- Purified by molecular distillation. Meets stringent CRN and proposed USP monograph standards.
- Manufactured according to Good Manufacturing Practice (GMP) requirements.
- EPA and DHA support brain and joint function and may promote positive mood.\*

**Keep out of the reach of children.**  
**Store in a cool, dry place; avoid direct sunlight.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Jarrow**  
FORMULAS®

**ODORLESS**

EPA-DHA = 2:1 RATIO

# EPA-DHA BALANCE®

SUPPORTS BRAIN AND  
JOINT HEALTH\*

**600**  
MG OMEGA-3

**240**  
SOFTGELS

**DIETARY  
SUPPLEMENT**



## Supplement Facts

Serving Size 1 Softgel  
Servings Per Container 240

|                             | Amount Per Serving | % DV |
|-----------------------------|--------------------|------|
| Calories                    | 10                 |      |
| Total Fat                   | 1 g                | 1%†  |
| Fish Oil Concentrate        | 1,000 mg           | ††   |
| Omega-3 Fatty Acids         | 600 mg             | ††   |
| EPA (Eicosapentaenoic Acid) | 400 mg             | ††   |
| DHA (Docosahexaenoic Acid)  | 200 mg             | ††   |

† Percent Daily Values are based on a 2,000 calorie diet.  
†† Daily Value not established.

Other Ingredients: Natural flavor and natural mixed tocopherols (added to maintain freshness). Softgel consists of gelatin, glycerin and purified water.

**Contains:** Fish (anchovy and sardine).

No wheat, gluten, soybeans, dairy, egg, shellfish, or peanuts/tree nuts.

01219EPADHA240 PROD # 116039



Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation™  
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Lot #. Best Used Before:

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