USAGE: Take 1 capsule 1 to 2 times per day with food or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® Blackcurrant Freeze-Dried Extract contains powerful antioxidants (polyphenols) for reducing eye fatigue and discomfort, providing antioxidant protection and promoting vasodilation.*

New Zealand Blackcurrant (Cassis) (*Ribes nigrum* L.) contains 4 times more polyphenols, including the unique eye protectors delphinidin-3-rutinoside and cyanidin-3-rutinoside, than European Blackcurrant and is freeze-dried to better protect its phytochemicals.*

New Zealand Blackcurrant is free of pesticides and grows in an unpolluted area with intense sunlight, which makes it naturally high in phenolic antioxidants.

APPROX. FILL LINE

Keep out of the reach of children.
Store in a cool, dry place.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Lot #. Best Used Before:

Jarrow FORMULAS®

Freeze-Dried Extract

From New Zealand

Blackcurrant

(Cassis)

Promotes Eye Comfort* & Antioxidant Protection*

200 MILLIGRAMS **60** VEGGIE CAPS DIETARY SUPPLEMENT

VEGAN

VEGGIE CAP

NON GMO CERTIFIED BY NSF. www.nsfnongmo.org

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% DV
Blackcurrant Freeze-Dried Extract (*Ribes nigrum* L.) (Fruit) (20% [40 mg] Polyphenols)	200 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropyl-methylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation℠
Los Angeles, CA 90035-4317
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