

SUGGESTED USE:

Take 2 caps 1 hour before bedtime or as directed by a healthcare professional.

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WARNINGS:

Keep out of the reach of children.

Manufactured for:
Thymely Solutions
104 N Court St.
Fairfield IA, 52556
(641) 472-9815



100% Vegetarian

VALERIAN

HERBAL SUPPLEMENT
90 Veggie Caps



PARVE
K-1604

Supplement Facts

Serving Size 2 Veggie Caps
Servings Per Container 45

Amount Per Serving

Organic	1000 mg*
Valerian Root	
(Valeriana officinalis)	

* Daily Value Not Established

OTHER INGREDIENTS:
Modified Vegetable Cellulose

100% Gluten Free

Rev. 160904