

Pro-Night™ is a combination of slow, medium and fast digesting proteins. Research shows that a blend of high quality proteins elevates muscle protein synthesis for a longer period of time and can have significant positive effects upon your overall performance gains.*

Glutamine is an amino acid found primarily in skeletal muscle. Glutamine has many functions including increased protein synthesis and is also essential for a strong and healthy immune system.

Healing, tissue repair and muscle growth are maximized during deep and restful sleep. PRO-NIGHT provides the nutrients needed to accelerate your recovery and rejuvenate your body for the next intense training session.*

EXPERT TIPS:

- > ZMA is to be taken 30 minutes before PRO-NIGHT.
- > Add 1 scoop of PRO-NIGHT with 1 scoop of PROGLYCOSYN to 8 ounces of liquid and mix well. Use this as an ANYTIME quality protein source.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: Do not use if pregnant, nursing, or under the age of 18. Consult your doctor before using this or any dietary supplement. Immediately discontinue use and contact your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN. To report any serious adverse events, please call 800-697-2086 or email info@snac.com.

Pro-Night™ is a trademark of SNAC System, Inc.



PRO-NIGHT™
Quality Protein Blend*

DIETARY SUPPLEMENT

Net Wt. 25.0 oz (1.57 lbs) 711 g

VANILLA
Natural & Artificial Flavor



Supplement Facts

Serving Size: 2 Scoops (36 g/1.27oz)
Servings Per Container: 20

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 120		Potassium 150 mg	6%**
Calories from Fat 5		Protein Blend 26 g	†
Total Fat 0.5 g	1%**	Micellar Casein 10.4 g	†
Cholesterol 15 mg	5%**	Whey Protein Concentrate 7.8 g	†
Total Carbohydrate 2 g	1%**	Egg Albumin 7.8 g	†
Sugars 1 g	†	L-Glutamine 3 g	†
Protein 26 g	52%**		
Calcium 340 mg	34%**		
Sodium 130 mg	6%**		

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Natural & Artificial Flavors, Sucralose
Contains Milk, Eggs and Soy. Manufactured in a plant that processes wheat and eggs.

DISTRIBUTED BY SNAC SYSTEM, INC. SAN CARLOS, CA 94070 USA
www.snac.com 1-800-697-2086

Recommended Use:
Add two scoops of powder to 8 ounces of liquid and mix well. Use 30 minutes before bedtime.

