

USAGE: Take 1 capsule per day with a meal or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Niacinamide is the form of niacin that circulates in the bloodstream and is needed for the synthesis of energy (ATP), the activation of folate and the regeneration of glutathione, a critical component of the body's endogenous antioxidant network.* Niacinamide and niacin are the two forms of vitamin B₃. Niacinamide is the form that does not cause flushing or skin irritation.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
FORMULAS®

Niacinamide

Flush Free

Promotes Energy Production*

250
MILLIGRAMS

100
CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

	Amount Per Serving	% DV
Niacinamide	250 mg NE†	1,560%

† Niacin Equivalents.

Other Ingredients: Cellulose and magnesium stearate (vegetable source). Capsule consists of bovine gelatin.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Store in a cool, dry place.

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PROD # 118009

Distributed Exclusively by:
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Lot #. Best Used Before:

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