SUGGESTED USE:
Take 1 cap as needed or 30 minutes before bedtime. Repeat if needed, or go to 2 caps.

WARNINGS:
Do not take during pregnancy. Keep out of the reach of children.

Rev. 161203

Manufactured for:
Thymely Solutions
104 N Court St.
Fairfield IA, 52556
(641) 472-9815

Thymely Solutions

100% Vegetarian

SLEEP

with Melatonin & Valerian

DIETARY SUPPLEMENT

60 Liquid Veggie Caps

PARVE
K-1604

Supplement Facts

Serving Size 1 Veggie Cap
Servings Per Container 60

Amount Per Serving 1,000 mg
Herb Weight Equivalence

Proprietary Blend *
Valerian Root +, Hops Strobiles +, Fresh Skullcap Herb +, Passion Flower Herb +, Chamomile Flower +, Fresh California Poppy Herb +

STANDARDIZED
Melatonin 2.5 mg

* Daily Value Not Established

OTHER INGREDIENTS: Non-GMO Soy Lecithin, Modified Vegetable Cellulose, Medium Chain Triglycerides

+ Organic