

Directions: Take 1 softgel, up to 3 times daily, with meals, as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store in a cool, dry place.

Made in the U.S.A. from globally sourced ingredients.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NO SUGAR, STARCH, YEAST, WHEAT,
ARTIFICIAL FLAVORS OR PRESERVATIVES

FOODS PLUS[®]

Since 1962

Omega-3

1000mg

**PRESERVATIVE FREE
NON GMO
GLUTEN-FREE**

with EPA & DHA 300 mg

supports heart health[†]

**90
SOFTGELS**

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	% DV
Calories	10	
Calories from Fat	9	
Total Fat	1 g	2%*
Fish Oil	1000 mg (1 g)	**
EPA (Eicosapentaenoic Acid)	180 mg	**
DHA (Docosahexaenoic Acid)	120 mg	**
Total Omega-3 Fatty Acids	300 mg	**

*Percent values are based on a 2,000 calorie diet.

**Daily value (DV) not established.

Other ingredients: Gelatin, vegetable glycerin, purified water, tocopherol
Contains fish
Purified to eliminate mercury.

100% PURITY TESTED

Distributed by: Foods Plus[®]

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