

SOURCE NATURALS®



DIETARY SUPPLEMENT

B-125

SUPPORTS ENERGY PRODUCTION*

125 MG • 180 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Thiamin (vitamin B-1)	125 mg	8,333%
Riboflavin (vitamin B-2)	125 mg	7,353%
Niacinamide 100 mg & Niacin 25 mg	125 mg	625%
Vitamin B-6 (as pyridoxine HCl)	125 mg	6,250%
Folate (as folic acid)	800 mcg	200%
Vitamin B-12 (as cyanocobalamin)	125 mcg	2,083%
Biotin	125 mcg	42%
Pantothenic Acid (as calcium D-pantothenate)	125 mg	1,250%
Choline (as choline bitartrate)	125 mg	†
Inositol	125 mg	†
PABA (<i>para</i> -aminobenzoic acid)	125 mg	†

†Daily Value not established.

Other ingredients: stearic acid, sorbitol, modified cellulose gum, silica, and magnesium stearate.

B-vitamins are essential components of numerous key enzyme systems, without which the body cannot function. Each B-vitamin fills a different, complementary need, which is why they should usually be taken together. B-vitamins act as coenzymes to catalyze numerous biochemical reactions, aid in energy production, blood cell formation, fat and protein/amino acid metabolism, and are important for the normal functioning of the nervous system.*

Suggested Use: 1 tablet daily.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
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