

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For More Information:
1-888-462-2548
TamaFlex.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC



TAMAFLEX™
PROVEN JOINT SUPPORT*

FEEL THE DIFFERENCE IN
2 WEEKS[^]

60 VEGETARIAN CAPSULES
30-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 304312

FTG

DIRECTIONS: As a dietary supplement, take one capsule in the morning and one in the evening.

Supplement Facts

Serving Size One Capsule

Amount Per Serving

TamaFlex™	125 mg*
(Tamarind [<i>Tamarindus indica</i>] Seed Extract & Turmeric [<i>Curcuma longa</i>] Rhizome Extract)	

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Vegetable Cellulose Capsule, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Calcium Silicate.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

[^] In a randomized, double-blinded trial, 90 healthy adults took 125 mg of TamaFlex™ or placebo twice daily for 90 days. Those taking TamaFlex™ had improved (i) joint comfort, stiffness and function (WOMAC), (ii) walking speed and distance and (iii) use of stairs. Improvements were seen as early as 2 weeks for comfort and stiffness.