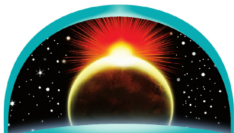


**SOURCE NATURALS®**



DIETARY SUPPLEMENT

# B-50 COMPLEX

**SUPPORTS ENERGY PRODUCTION\***  
50 MG • 50 TABLETS

## Supplement Facts

Serving Size 1 Tablet

|                                                 | Amount Per Serving | %DV    |
|-------------------------------------------------|--------------------|--------|
| Thiamin (as mononitrate)(vitamin B-1)           | 50 mg              | 3,333% |
| Riboflavin (vitamin B-2)                        | 50 mg              | 2,941% |
| Niacinamide                                     | 50 mg              | 250%   |
| Vitamin B-6 (as pyridoxine HCl)                 | 50 mg              | 2,500% |
| Folate (as folic acid)                          | 800 mcg            | 200%   |
| Vitamin B-12 (as cyanocobalamin)                | 50 mcg             | 833%   |
| Biotin                                          | 50 mcg             | 17%    |
| Pantothenic Acid<br>(as calcium D-pantothenate) | 100 mg             | 1,000% |
| Choline (as choline bitartrate)                 | 50 mg              | †      |
| Inositol                                        | 50 mg              | †      |

†Daily Value not established.

Other ingredients: sorbitol, stearic acid, silica, modified cellulose gum, and magnesium stearate.

B-vitamins are essential components of numerous key enzyme systems, without which the body cannot function. Each B-vitamin fills a different complementary need, which is why they should most often be taken together. B-vitamins act as coenzymes to catalyze numerous biochemical reactions.\*

**Suggested Use:** 1 tablet 1 to 2 times daily.

**NOTE:** If you are pregnant, may become pregnant, or breast-feeding, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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REV B182-C

