

Directions: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store in a cool, dry place.
Made in the U.S.A. from globally sourced ingredients

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NO SUGAR, YEAST, WHEAT, MILK, SOY,
ARTIFICIAL FLAVORS OR PRESERVATIVES

FOODS PLUS.

Since 1962

Vitamin D-3

5000 IU

PRESERVATIVE FREE
NON GMO
GLUTEN-FREE

most bioavailable form

supports strong bones[†]

60
TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	125 mcg (5,000 IU)	625%

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, silica, magnesium stearate, hydroxypropyl methyl cellulose, glycerine, carnauba wax, talc, titanium dioxide, riboflavin (color).

Distributed by: Foods Plus®
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