

SOURCE NATURALS®



DIETARY SUPPLEMENT

B-6

100 MG • 100 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,000%
Calcium	22 mg	2%

Other ingredients: dibasic calcium phosphate, microcrystalline cellulose, stearic acid, modified cellulose gum, silica, and magnesium stearate.

Vitamin B-6 is an essential nutrient required for the metabolism of lipids, carbohydrates, and proteins. It facilitates the conversion of amino acids from one to another as needed, and is necessary for normal synthesis of hemoglobin, as well as for the normal function and growth of red blood cells. It is also needed for the synthesis of neurotransmitters and for converting essential fatty acids into prostaglandins (chemical messengers).*

Suggested Use: 1 tablet daily.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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