

Directions: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store in a cool, dry place.
Made in the U.S.A. from globally sourced ingredients.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Super B-100

balanced b complex

**PRESERVATIVE FREE
NON GMO**

high potency formula

supports energy & nervous system†

**60
TABLETS**

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	% Daily Value
Thiamin (as thiamin HCl)	100 mg	8,333%
Riboflavin	100 mg	7,692%
Niacin (as niacinamide)	100 mg	625%
Vitamin B6 (as pyridoxine HCl)	100 mg	5,882%
Folate (as folic acid)	667 mcg DFE	167%
Vitamin B12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	100 mcg	333%
Pantothenic acid (as d-calcium pantothenate)	100 mg	2,000%
Choline (as choline bitartrate)	40 mg	7%
Inositol	100 mg	*
PAQA	100 mg	*
Food Based Nutrients	0.5 mg	*
Amla leaf, brewer's yeast, soy lecithin, parsley leaf, rice bran, watercress leaf		

*Daily value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, dicalcium phosphate, croscarmellose sodium, magnesium stearate, silica and pharmaceutical glaze. Contains Soy. May contain gluten

NO SUGAR, WHEAT, MILK, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

Distributed by: Foods Plus®
10 Henderson Drive, West Caldwell, New Jersey 07006