

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. *We guarantee it!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **5315**  
[www.vitaminworld.com](http://www.vitaminworld.com)  
**1-800-228-4533**

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Ronkonkoma, NY 11779 U.S.A.

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5-HTP  
**L-5-Hydroxy  
Tryptophan 100MG**

**Peak X Free**

**Promotes a calm and relaxed mood\***  
**A precursor to serotonin**

**Dietary Supplement**

**60** RAPID RELEASE  
CAPSULES

**DIRECTIONS:** For adults, take two (2) capsules once daily as needed or at bedtime as 5-HTP may produce drowsiness.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

Amount Per Serving	%Daily Value
5-HTP (L-5-Hydroxytryptophan) (from Griffonia Extract) ( <i>Griffonia simplicifolia</i> ) (seed)	200 mg **

\*\*Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Gelatin. Contains <2% of: Silica, Vegetable Cellulose, Vegetable Magnesium Stearate.

5-HTP is a precursor to serotonin, a neurotransmitter involved in sending messages through the nervous system.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.